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Colonoscopy – SUTAB Tablets

Your doctor has ordered a colonoscopy examination to assist in the diagnosis and management of your symptoms. A colonoscopy is a procedure in which a lighted instrument called a colonoscopy is passed through the large bowel or colon. A colonoscopy is needed to diagnose and manage several GI disorders including colon cancer, colon polyps, colitis, diverticulitis, hemorrhoids, rectal bleeding, and infection.

Your colonoscopy has been scheduled for this date: _____

Please **arrive** at this time: _____

Location

- Elms Endoscopy Center (2671 Elms Plantation Blvd.)
- St. Francis Ambulatory Care Center (St. Francis Hospital)

Before Your Procedure:

So that you and your doctor can be fully prepared for your procedure,

Please follow these instructions accordingly:

- *You must complete a bowel preparation in order to have an adequate colonoscopy. Your doctor may prescribe a clear liquid diet for 24-48 hours prior to the procedure. *
- *For your safety, you must stop drinking all liquids 7 hours prior to you procedure unless otherwise stated in the instruction sheet.*

Medication Instructions

TAKE your **Heart, Blood Pressure, Asthma/Emphysema/COPD** and **Seizure** medications with a **small sip** of water the morning of your procedure.*

****HOLD all Diabetic medication until after your exam**

****Your regular respiratory inhalers should be used before arriving and please *bring them with you. You may also take anxiety and pain medications as needed.***

The Procedure:

Once you have registered, the nursing staff will start an IV line in your arm. Next, sedation will be administered. Once you are sedated, the procedure will begin. The exam is usually complete in 20-40 minutes or less with a 15 minutes recovery period.

Complications:

Complications during the colonoscopy are rare. If a polyp is removed from the colon, bleeding can occur. Bloating after the colonoscopy is common due to the gas needed to inflate the colon during the procedure. This gas usually passes within one hour. Finally, a very uncommon complication of a colonoscopy is a perforation or tear in the colon caused by the instrument. This happens every 1 in 2,000 cases. If this occurs, surgery is needed to repair the colon.

Post Procedure:

The doctor will discuss the findings with your family. If needed, a follow-up visit with your doctor will be scheduled. Any biopsies that are taking during the colonoscopy can take up to 3 weeks for results to be processed. These results may be mailed to you or discussed at your next office visit.

Please Remember:

***Because you will be sedated, you will need to have someone come with you and drive you home after the procedure.** Please limit your ride to one person. It is required that ride stay on the premises during the entire procedure.

*You will receive a confirmation call two days prior to your procedure. If we are unable to reach you, it is your responsibility to call (843)797-6800 ext. 146 to confirm. Your procedure may be cancelled if you do not confirm.

Please Note: *Non emergent cancellations less than 48 hours prior to your procedure and no-shows will be charged a \$75.00 fee that must be paid prior to rescheduling.*



**ELMS
DIGESTIVE**

ON THE DAY BEFORE YOUR PROCEDURE _____ *** (DO NOT
EAT BREAKFAST)*******

ALL DAY LONG, CLEAR LIQUIDS ONLY.

NOTHING RED OR PURPLE. NO DAIRY PRODUCTS, NO ALCOHOL AND NO SOLID FOOD.

SOME EXAMPLES OF CLEAR LIQUIDS ARE GINGER ALE, APPLE OR WHITE GRAPE JUICE, LEMONADE, CRYSTAL LIGHT, GATORADE, SPRITE, BOUILLON OR BROTH, JELLO, POPSICLES, ITALIAN ICE, COFFEE OR TEA WITH SWEETENER ONLY.

FIRST DOSE: BEGIN AT: _____ THE EVENING BEFORE YOUR COLONOSCOPY.

1. Open 1 bottle of 12 tablets
2. Fill the provided container with water to the 16-ounce fill line
3. Swallow 1 tablet every 2-3 minutes while drinking the 16-ounce container of water over 30 minutes. (**Swallowing tablets too quickly may result in nausea or vomiting**).
4. **IMPORTANT**-Wait one hour and then you **MUST** drink two (2) more 16-ounce containers of water over the next 2 hours
5. Continue drinking clear liquids.

SECOND DOSE: BEGIN AT: _____

1. Open 1 bottle of 12 tablets
2. Fill the provided container with water to the 16-ounce fill line
3. Swallow 1 tablet every 2-3 minutes while drinking the 16-ounce container of water over 30 minutes. (**Swallowing tablets too quickly may result in nausea or vomiting**).
4. **IMPORTANT**-Wait one hour and then you **MUST** drink two (2) more 16-ounce containers of water.

VERY IMPORTANT
Nothing by mouth after:
